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In his Message for the 2026 World Day of Peace, Pope Leo XIV offers a profound spiritual and social roadmap; he speak not just word “PEACE” but the unarmed and disarming peace which should serve as the core vision to achieve the real peace that we are looking for.

The Pope starts with the ancient greeting: *"Peace be with you."* I think this is not just a passive greeting but a call for **"silent revolution."** It is "unarmed" because it rejects the logic of using forces and "disarming" because it seeks to dismantle the walls of suspicion and fear in the human heart.

Nepal managed to came out of 10 years of Maoist conflicts that took life of over 17000 people in between 1996-2006. There are still some dissatisfied groups of people for their ethnic identity and socio- cultural situation posing potential rising of smaller arms. And Transitional Justice is still unsolved concern.

If we see political history of Nepal in the last 80 years, there has been already seven-time constitution written and five-time major political system has been changed. It shows how Nepal’s society has been politically unstable.

To give you more perspective, we have had 14 governments since the 2008 transition alone. The recent Gen-Z Revolution in September 2025 was the latest and perhaps most significant explosion of this long-standing unrest.

I think, "peaceful and productive co-existence of differences among the human races is the greatest challenge of our era. In a country as diverse as Nepal, the rise of religious and ethnic nationalism poses a significant challenge to the management of pluralism.

While talking about the unarmed peace, such diversities should not to be seen as a threat to be managed by control, but as a wealth to be integrated through love.

Peace does exist; it wants to dwell within us. As a Pax Romana, if we want to "inflare" the world with peace, the flame must first burn within us. Otherwise, we cannot offer what we do not possess.

Following the example of Jesus, we are called to a "nonviolent response" within our concrete historical and political circumstances.

However, presence of Pax Romana is not strong, neither it is influential in Nepal. While size of Catholic Church itself is tiny. Yet she could have been active peace-actor in country due to long history and well-known social services across the country.

Nevertheless, the Church must lead the dialogue with the contemporary world, helping those who feel "powerless" to rediscover their agency as peacemakers.

For us as ICMICA, Pax Romana a global network is uniquely positioned to turn this "**silent revolution**" into a visible reality.

For this, we should step into out of the Church boundary, strengthen internal-unity among the stakeholders and foster interactions with the outer world around us, learn differences among human and act collectively.

The unique history of Pax Romana, which is rich for the peace advocacy and justice work should reflected in the ground as well. I am sure such reflection will build grassroots peace that contribute towards global peace.

For this we need to open dialogue with denominations and interfaith communities, secular communities. Help people to live a dignified human life – overcoming social injustices they are suffering from.

We should not only use words but need to promote local level social action that speak louder.

At the international level, building international solidarity, building capacity of members and partners, gathering resources and mobilising them is an imperative.

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